



Child & Family
RESOURCES INC.

Where Great Things Start Small

2022-23 ANNUAL REPORT

*Reflecting on our journey,
Looking toward the future.*

-
- 01 Letter from the CEO
 - 03 Company Overview
 - 04 Financial Highlights
 - 07 Client Success Stories
 - 08 Leadership
 - 09 Contact Information



Table of Contents

Letter from the CEO

01



**Eric Schindler,
Ph.D.**

As you have been reading throughout this report, the 2022-23 fiscal year has been one of enormous success and pride at CFR. The organization has emerged strong and vibrant from the pandemic years, and we are grateful to all of our staff who have managed to creatively find ways to serve and support clients over the last few years.

Here are just a few of the many highlights of the past year:

- Achieved four-year reaccreditation from the Council of Accreditation – and for the first time with a perfect score and no recommended findings to address.
- Opening offices and/or expanding services to a variety of smaller communities across the state including:
 - Globe, Willcox, Tuba City, Colorado City, San Luis, Pinal County to name a handful.
- Successfully competed for new and renewal grant awards from First Things First, whose contracts were all rebid and awarded this year.
- Expanded the depth and breadth of our teen services – leading the way to provide much needed substance abuse, pregnancy, and suicide prevention programming to youth.

- Being a leading voice in advocating for higher quality early childhood education and expanded funding.
- Being a well-respected member of so many local and statewide coalitions and task forces.
- Enhancing our financial stability and growing our reserves to a level commensurate with our size and scope.

What are the challenges that lie ahead?

The growing number of children and adolescents with unmet mental health needs is fast becoming an epidemic. Too many young people are emerging from the pandemic years scarred, depressed, in despair, or challenged in other ways. If our mission at CFR is to build strong communities where children can reach their full potential, then we are called upon to do more for Arizona's elementary and secondary school aged children. Traditional models of individual counseling are not sufficient to address the need; we have ideas for school and community based early interventions such as mobile mental health vans that can reach underserved areas.

Thank you for understanding the return on investment of prevention and early intervention services, and for your support of the multitude of vital niche the CFR plays in Arizona.



Eric Schindler, PH.D.
CFR President & CEO

Company Overview



Vision

Healthy Families, Thriving Communities

Mission

To build strong communities where children can reach their full potential.

Financial Highlights

04

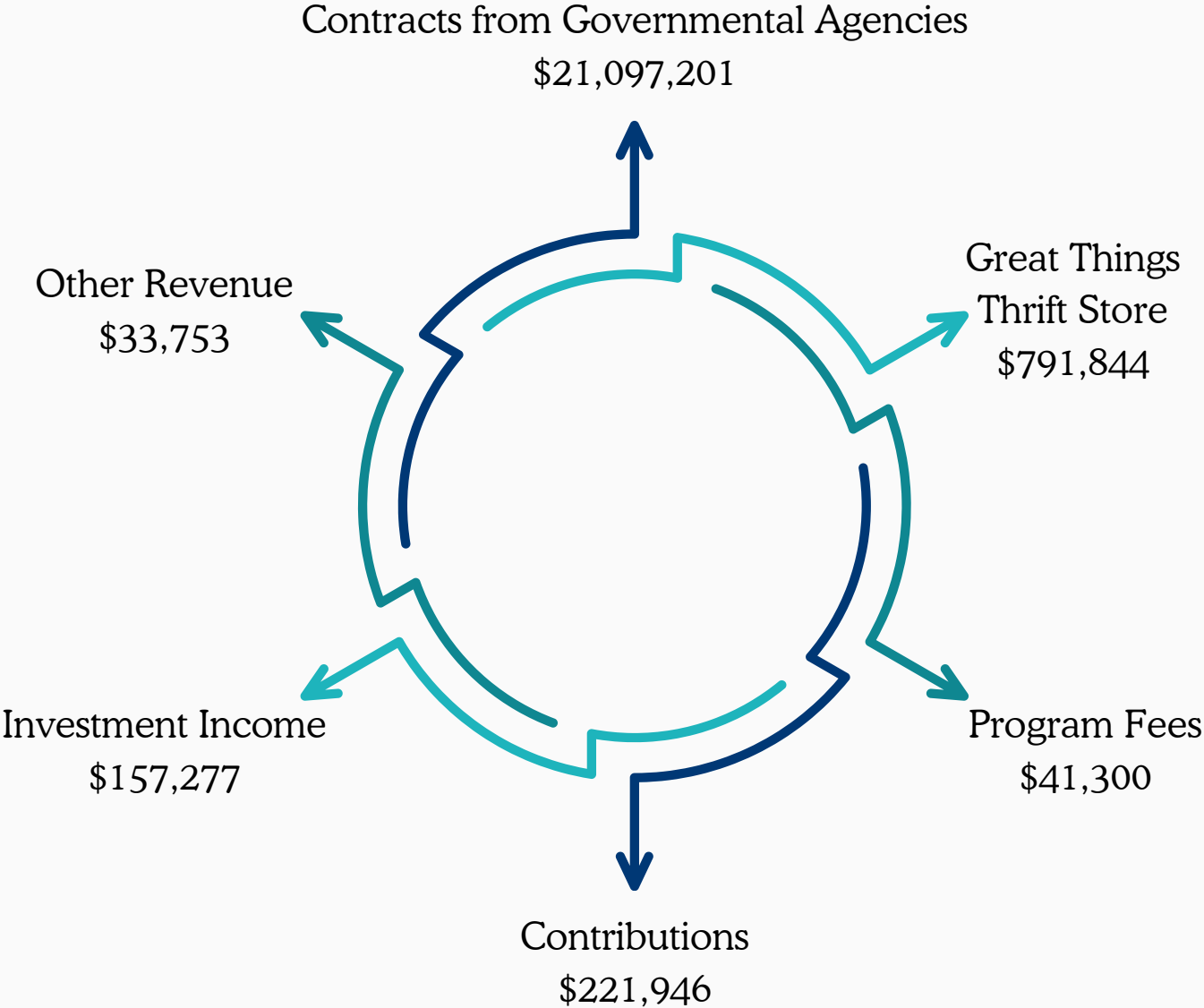


Revenue	\$22,343,321	↗
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Expenses	\$20,928,755	↘
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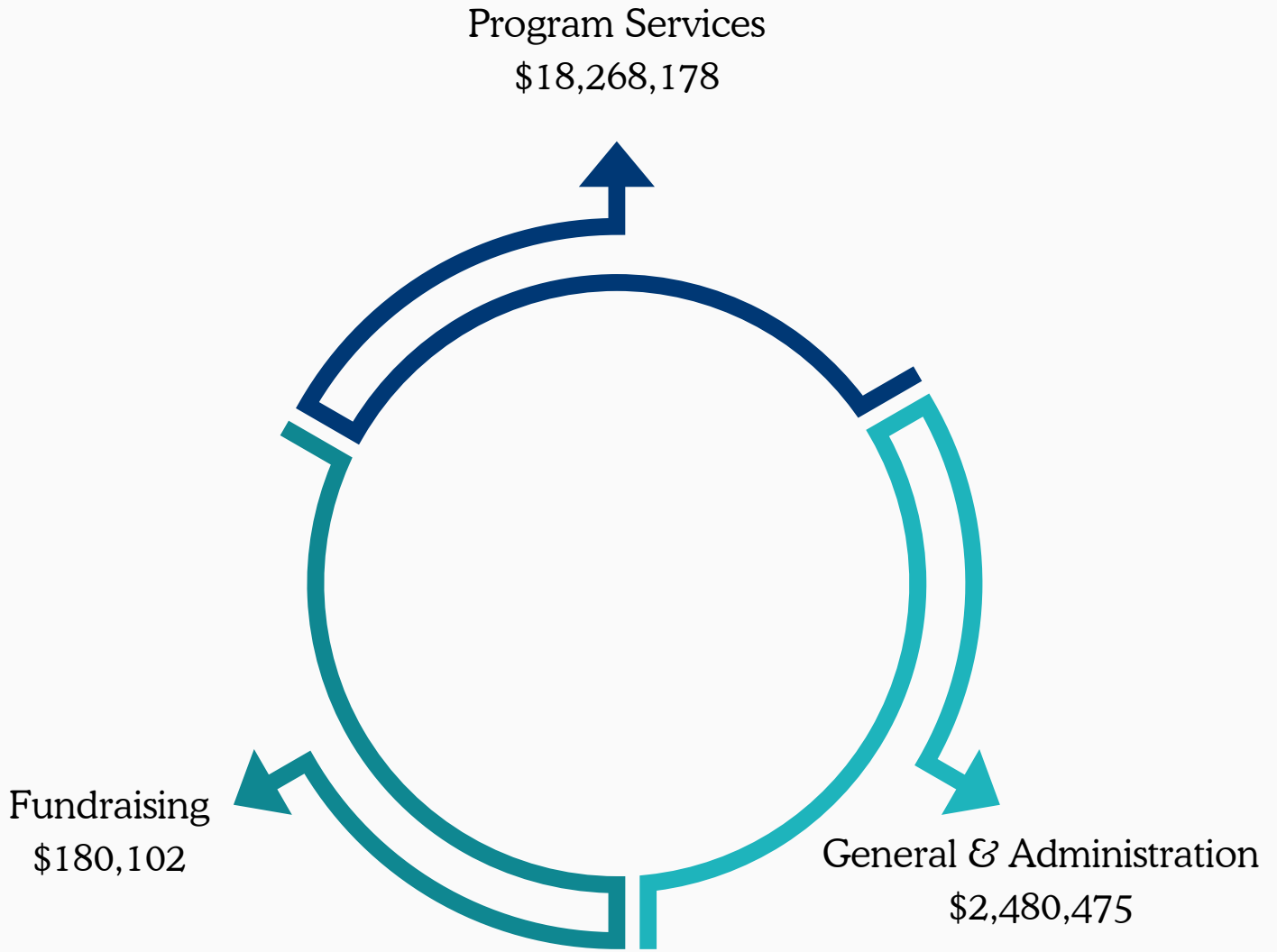
Change in Net Assets	\$1,414,566	↗
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Support & Revenue (in depth)



Expenses (in depth)

06



Client Success Stories

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One of our child clients had not been around other kids due to a health condition that required him to be in a controlled environment until just recently.

Mom got the go-ahead to start taking child out to public spaces and the family attended their first group connection (a program of CFR) in person!

Mom was able to meet another mom that understood child's diagnosis and speech delays, and was so happy that she also knew sign language.

They shared contact information and made plans for a playdate and to learn more sign language to develop further communication with her son.



This week I gave out the first Mystery Box (a free activity box for clients) for this quarter. Mom and daughter were so excited because they have just started talking about space! Mom said "I love that you brought this because it ties in to what we've been learning and what [child] has been so interested in!"

The child, who is four, opened the box and took out the book. She looked through the pages and said "I love this!"

Senior Leadership

Eric Schindler, Ph.D.
President and Chief Executive Officer

Connie Curnett
Chief Financial Officer

Diane Fellows, M.S.
Vice President of Early Care and Education Programs

Tammy Cormier, M.H.R., PHR
Chief Administrative Officer

Wendy Puga
Vice President of Family and Community Services

Board of Directors

Chair: Kimberly Braxton Anekwe
Secretary/Chair-Elect: Samia Al Scheikh
Treasurer: Carole Lopinski

Ali Anekwe
Melissa Delgado
Lisa Fitzgibbons
Isabel Georgelos
Carlos Hernandez

Emily Nottingham
Elsa Peterson
Dulce Ruelas
Anna Zappia

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